

### Youth Worker – Health and Wellbeing Development

<b>Job title</b>	Youth worker – Health and Wellbeing Development	<b>Salary:</b>	Up £10.55 an hour
<b>Reporting to:</b>	Youth Club Manager(s)	<b>Holidays:</b>	33 days including bank holidays (pro-rata)
<b>Location:</b>	Unitas Youth Zone Burnt Oak Barnet	<b>Hours:</b>	Up to 20 hours per week, (evenings and weekends) <b>*Multiple positions available.</b>
<b>The Person:</b>	You will be a Youth Worker who is as committed to working with young people on projects and issue-based work, as much as you are coming up with fun activities. You must be passionate about creating exciting and fun activities, leading single gender work, running health and/or beauty sessions for all young people,		
<b>Key Relationships:</b>	Core Management team, Youth Work Managers, OnSide, External Stakeholders, Young People and Parents.		
<b>Key Dates:</b>	<b>Interview date: TBC</b>  To apply, please complete the Sessional application form, which can be found on our website. Your completed form should be sent by email to Unitas Youth Zone’s Business Administration Manager at <a href="mailto:applications@unitasyouthzone.org">applications@unitasyouthzone.org</a>		

#### Job Purpose:

Our targeted youth work and projects, alongside arts and sport are at the heart of the Unitas offer to young people. Feedback from young people and experience from operational Youth Zones tells us that some young people want dedicated and safe spaces within their Youth Zone. Young people also tell us that all opportunities should be open to all young people. This role is based in the health and well-being room, which is also equipped with health and beauty equipment and stations. Here you will work with all young people to provide a wide range of opportunities from informal education sessions, health projects along with traditional health and beauty activities including male grooming.

#### Context of the post:

OnSide Youth Zones, established in 2008, has been growing rapidly and has ambitious plans to create 100 Youth Zones in towns and cities, giving young people somewhere safe and inspiring to go in their leisure time. Youth Zones are amazing places: accessible, vibrant, welcoming, fun and caring are just some of the words used

by young people to describe their Youth Zone. Unitas, opening in Summer 2019, will be no exception, and is part of the OnSide network of Youth Zones.

Many young people, particularly those from socio-economically deprived areas, face an endless maze of boredom, loneliness and temptation, with nowhere to go and a lack of inspiring and productive activities to occupy their leisure time. This can lead to negative impacts on their health, educational attainment and career prospects. These are the young people that will shape the country's future prospects. It is this paradox that lies at the heart of OnSide's drive to establish a national network of Youth Zones; a proven model of youth service provision that is aligned to community needs and supported by cross-sector funding. Youth Zones give young people affordable access to a broad range of sport, arts and employability services, designed to help them lead active, positive lives and raise their aspirations for themselves and their community.

Unitas Youth Zone is centrally located, dedicated to young people and makes a bold statement about the importance of giving young people high quality places to go in their leisure time. Open 7 days a week including school holidays, the Youth Zone's purpose is to help young people grow to be happy, healthy and successful adults. The state-of-the-art £6.5 million building will provide young people with access to a range of activities, all offering young people the opportunity to try new things, meet new friends and gain support from friendly, warm and positive staff and volunteers. The facilities include a 3G pitch, a gym, sports hall and recreation area, and dance, arts, music and media suites.

Find out more by watching ....

<https://www.youtube.com/watch?v=Yb18h1TPRNE>

<https://www.youtube.com/watch?v=sZCMoDYeFTQ>

.....it might just change your life!

### **Duties and Responsibilities - General**

- Be a role model for young people and present a positive “can do” attitude
- Take personal responsibility for own actions
- Commit to a culture of continuous improvement
- Work within the performance framework of Unitas Youth Zone and OnSide
- Represent Unitas Youth Zone positively and effectively in all dealings with internal colleagues, and external partners
- Comply with all policies and procedures, with particular reference to safeguarding, codes of conduct health and safety and equality and diversity to ensure all activities are accessible
- Represent Unitas Youth Zone positively and effectively in all dealings with internal colleagues, and external partners
- To be alert to issues of safeguarding and child protection, ensuring the welfare and safety of Youth Zone members is promoted and safeguarded, and to report any child protection concerns to the designated Child Protection Officers using the safeguarding policies, procedures and practice (training to be provided)
- To assist with any promotional activities and visits that take place at the Youth Zone
- To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership
- To adhere to The Unitas Youth Zone policies at all times, with particular reference to Health and Safety, Safeguarding and Equal Opportunities

### **Duties and Responsibilities – Detailed**

- Together with the Junior Club Manager, Senior Club Manager and Rec Lead, develop and implement a programme that is exciting, challenging and ever changing.
- To deliver targeted sessions to young people, ranging from informal education sessions to hair and beauty.
- To deliver single gender work
- The role is 100% face to face delivery with young people
- To work directly with young people to develop their social skills
- To directly deliver a high-quality programme of activities that is exciting, safe, varied, innovative, developmental and directly responds to the diverse needs, concerns and interests of the members
- To have great energy and establish positive relationships with young people, the wider youth work team and visitors to the Youth Zone
- To respond to the needs of young people through activities and project work
- To support and motivate volunteers
- To work flexibly to ensure the needs of the members are met, including disadvantaged young people and those with disabilities or additional needs
- To ensure that the members maintain a high standard of behaviour and discipline during sessions by making the area a hub of activity and fun
- To ensure the participation of young people in activities and that their ideas contribute fully in the delivery of activities in a safe way
- To assist with any promotional activities and visits that take place at the Youth Zone
- To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership
- To promote and safeguard the welfare of young people at all times
- To be able to think on your feet and deliver an activity with minimal equipment

- Ability to enthuse others, including staff, volunteers and young people
- To make the environment fun and the place young people want to be
- To be an active member of the team and operate in line with the values and principles of Unitas Youth Zone
- Carry out any other reasonable duties as requested by management

### Person Specification

<b>Selection Criteria*</b> A = Application Form I = Interview T = Test/Personality Profile	<b>Essential or Desirable</b>	<b>Method of Assessment</b>
<b>Experience</b>		
Experience of working with groups of young people aged 8 to 19, or up to aged 25 with a disability	Essential	A & I
Experience of working with young people from diverse backgrounds and with challenging needs	Essential	A & I
Experience of working with socially excluded young people	Essential	A & I
Experience of working with LGBTQ Young people		
Experience of delivering targeted sessions	Essential	A & I
Experience of delivering events and displays	Desirable	A & I
Experience of working with young people with additional needs and disabilities	Desirable	A & I
Experience of team working and working alongside volunteers	Essential	A & I
Experience and delivering sexual health relationships and self-esteem sessions and information.	Desirable	A & I
<b>Qualifications</b>		
Level 2 Youth Work qualification or equivalent	Desirable	A
<b>Skills</b>		
Ability to deliver high quality targeted programmes with children and young people who face social exclusion, disadvantage and disaffection and manage such a group	Essential	A & I
Practical skills in health and beauty or skills to deliver health and well-being projects	Essential	A & I
Able to work as part of a team and under own initiative	Essential	A & I
Able to plan and evaluate programs of activity, including production of session plans and evaluations	Essential	A & I
Able to communicate effectively with young people, parents, team members and members of the public	Essential	A & I
Ability to engage and build positive relationships with young people including disengaged and disadvantaged young people	Essential	A & I
<b>Knowledge</b>		
Understand the principles of working with children and young people, the issues affecting their lives and knowledge of their needs	Desirable	A & I
Knowledge of health and safety, diversity awareness and safeguarding best practice	Essential	A & I
Basic knowledge of arts pathways	Desirable	A & I
<b>Special Requirements</b>		

A willingness to work unsociable hours	Essential	A & I
The ability and willingness to travel to events in the region and beyond	Essential	A & I
Enhanced DBS clearance and commitment to Safeguarding children	Essential	A & I

The strength of the Onside Network and Unitas Youth Zone is the diversity of its people; We place huge value on different people doing things in different ways and we welcome applications from non-traditional backgrounds. The one thing we all have in common is our desire to raise the aspirations of young people across the country. Unitas Youth Zone are committed to safeguarding and promoting the welfare of children, young people and vulnerable groups.


**For information regarding how OnSide Youth Zones processes your data, please click here: <https://www.unitasyouthzone.org/privacy-policy/>**

**ON  
SIDE**

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## ON SIDE YOUTH ZONES NETWORK VALUES

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**YOUNG  
PEOPLE  
FIRST**

Young people are at the heart of everything we do, inspiring and challenging us to deliver services that exceed their needs and challenge them to be the best they can be.

### EXCELLENCE

We encourage ourselves and each other to be best we can be through continuous learning and improvement, and a focus on finding solutions.



**RESPECT**

We act with honesty and integrity, celebrating diversity across the whole organisation and caring about each other, our young people and the Youth Zone environment.



### AMBITIOUS

We are passionate and driven in taking on new challenges, embracing new ideas, and exceeding our ambitions for young people, the Youth Zones and our local communities.

**COLLABORATIVE**

We will create and nurture strong, creative partnerships, working together to achieve better results and outcomes for young people.

