

Role Profile – Sessional Youth Worker – Health and wellbeing Specialist (Hair and Beauty and Mentoring)

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| Job title | Sessional Youth Worker – Health and Wellbeing Specialist | Salary: | £11.95 per hour (London Living Wage) |
| Reporting to: | Youth and Community Engagement Lead | Holidays: | 33 days including bank holidays (pro-rata) |
| Location: | Unitas Youth Zone, 76 Montrose Avenue, London, HA8 0DT | Hours: | Between 9 and 26 hours per week, evening, and weekends *Multiple positions available. |
| The Person: | You will be a Youth Worker who is as committed to working with young people on projects and issue-based work, as well as coming up with fun activities. You must be passionate about creating exciting and fun activities, leading single-gender work and running health and/or beauty sessions for all young people. You will be committed to your own personal growth and development with a clear growth mindset | | |
| Key Relationships: | Delivery team, Youth Work managers, External Stakeholders, Young People and Parents | | |

Job Purpose:

Our youth work initiatives, alongside arts and sport, are at the heart of the Unitas offer to young people. Feedback from young people and experience from operational Youth Zones tells us that some young people want dedicated and safe spaces within their Youth Zone. Young people also tell us that all opportunities should be open to all young people. This role is primarily based in the health and wellbeing room, which is also equipped with health and beauty equipment and stations. Here you will work with all young people to provide a wide range of opportunities from informal education sessions, health projects along with traditional health and beauty activities including male grooming. There may also be opportunities to deliver project-based work in the community on periodic basis.

You will be involved in session delivery, planning, preparation, and work with young people closely. You will be provided all the necessary equipment and training and will be afforded plentiful personal development opportunities. You will be someone with a clear 'can do' approach, committed to a growth mindset, eager to learn and willing to take risks, all for the benefit of supporting young people. You will demonstrate our Values through all you do and commit to always giving your best for young people.

Context of the post:

Barnet Youth Zone, named "Unitas" by local young people, was the second Youth Zone in London opened by the national charity, OnSide, in the summer of 2019. Unitas, like all OnSide Youth Zones, exists to give young people, particularly those who are disadvantaged, somewhere to go, something to do and someone to talk to. Each Youth Zone is open 7 days a week, all year round, with the purpose of supporting young people to become happy, healthy, and successful adults.

Unitas Youth Zone is centrally located, dedicated to young people, and makes a bold statement about the importance of giving young people high quality places to go in their leisure time. Open 7 days a week including school holidays, the Youth Zone's vision is to unite young people to fulfil their full potential. The state-of-the-art £6.5 million building provides young people with access to a range of activities, all offering young people the opportunity to try new things, meet new friends and gain new experiences.

Duties and Responsibilities - General

- Be a role model for young people and present a positive "can do" attitude

- Take personal responsibility for own actions
- Commit to a culture of continuous improvement
- Work within the performance framework of Unitas Youth Zone and OnSide
- Represent Unitas Youth Zone positively and effectively in all dealings with internal colleagues, and external partners
- Comply with all policies and procedures, with reference to safeguarding, codes of conduct, health and safety and equality and diversity to ensure all activities are accessible
- To be alert to issues of safeguarding and child protection, ensuring the welfare and safety of Youth Zone members is promoted and safeguarded, and to report any child protection concerns to the Designated Safeguarding Leads using the safeguarding policies, procedures, and practice (training to be provided)
- To assist with any promotional activities and visits that take place at the Youth Zone
- To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership
- To always adhere to Unitas Youth Zone policies, with reference to Health and Safety, Safeguarding and Equal Opportunities
- To be willing to step in and step up, and not see the below set of duties and responsibilities as exhaustive

Duties and Responsibilities – Detailed

- To work face-to-face with young people on session in the evenings/at the weekend (depending on your shift pattern)
- To support planning and reviews when necessary
- To work directly with young people on a range of health, beauty, wellbeing, mentoring and issues-based informal education initiatives
- If appropriate, to take on some young people in a one-to-one mentoring capacity (supported by the Mentoring Coordinator)
- To plan a varied set of health and wellbeing activities
- To be responsible for ensuring that the Health and Wellbeing Room is tidy, well-stocked (ordering new supplies via your line manager), welcoming and relevant to young people
- To be committed to monitoring and evaluation of the activities that you are running so the Youth Zone can measure the impact of our work
- To directly deliver a high-quality programme of activity that is exciting, safe, varied, innovative, developmental, and directly responds to the diverse needs, concerns, and interests of the members
- To collaborate with other youth workers on session to produce cross-departmental projects (eg with the performing arts department to do hair and make-up for performances)
- To have great energy and establish positive relationships with young people, the wider youth work team, and visitors to the Youth Zone
- To be comfortable in other spaces in the Youth Zone such as the recreation area and on the welcoming team, so you can contribute flexibly as per the needs of the young people and the session
- To respond to the needs of young people through activities in the Health and Wellbeing room
- To support and motivate volunteers working in the Health and Wellbeing room
- To work flexibly to ensure the needs of the members are met, including disadvantaged young people and those with disabilities or additional needs
- To ensure that the members maintain a high standard of behaviour and discipline during sessions by making the Health and Wellbeing a hub of activity and fun
- To ensure the participation of young people in activities and ensure that their ideas contribute fully in the delivery of activities in a safe way
- To assist with any promotional activities and visits that take place at the Youth Zone
- To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership
- To always promote and safeguard the welfare of young people
- To enthuse others, including staff, volunteers, and young people, making the environment fun and the place young people want to see
- To be an active member of the team and operate in line with the values and principles of Unitas Youth Zone
- To carry out any other reasonable duties as requested by management

Personal Specification

| Selection Criteria | Essential or Desirable |
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| Experience | |
| Face to face activity delivery, working with young people both in groups and individually | Essential |
| Experience of delivering a range of targeted activities to young people | Essential |
| Experience of supporting young people who are disaffected, underachieving and / or have social / emotional barriers to participation | Essential |
| Experience of working with LGBTQ+ young people | Essential |
| Experience of working in a team and alongside volunteers | Essential |
| Organising a programme of youth work activities | Desirable |
| Experience of working with challenging young people | Desirable |
| Experience of working with young people with additional needs and disabilities | Desirable |
| Experience of delivering sexual health, relationships and self-esteem sessions and information | Desirable |
| Qualifications | |
| Level 2 Youth work qualification | Essential |
| Relevant Hair and Beauty qualification(s) | Desirable |
| Skills | |
| Ability to deliver high quality targeted programmes with young people who face social exclusion, disadvantage and disaffection and manage such a group | Essential |
| Practical skills in health and beauty or skills to deliver health and wellbeing projects. | |
| Ability to develop good professional relationships with young people and adults | Essential |
| Ability to work with young people to enable the development of their social education by providing activity programmes, services and facilities that are fun | Essential |
| Ability to be enthused by young people and others | Essential |
| Ability to coach, encourage, motivate, and provide reliable support to young people | Essential |
| Ability to dynamic risk assess | Desirable |
| Ability to plan and liaise with other professional organisations | Desirable |
| Knowledge | |
| Understanding of issues affecting young people's lives | Essential |
| Health and safety, diversity awareness, COSHH and safeguarding best practice | Desirable |
| Special Requirements | |
| A willingness to work unsociable hours | Essential |
| Enhanced DBS clearance. Commitment to Safeguarding children | Essential |
| The ability and willingness to travel to other spaces and community settings within the borough and beyond on a periodic basis | Essential |

Unitas Youth Zone are committed to safeguarding and promoting the welfare of children, young people, and vulnerable groups. This post is subject to an enhanced DBS check. The strength of the OnSide Network of Youth Zone is the diversity of its people, we place huge value on different people doing things in different ways and we welcome applications from what might be considered non-traditional backgrounds. The one thing we all have in common is our desire to raise the aspirations of young people across the country. We are an equal opportunity employer. All applicants will be considered for employment without attention to race, colour, religion, sex, sexual orientation, gender identity, national origin, veteran, or disability status.