

Role Profile – Sessional Youth Worker – Health and wellbeing development specialist – Mentoring, Hair & Beauty

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| Job title | Sessional Youth Worker – Health and Wellbeing Specialist | Salary: | £10.75 per hour |
| Reporting to: | Deputy Head of Youth Work | Holidays: | 33 days including bank holidays (pro-rata) |
| Location: | Unitas Youth Zone | Hours: | Between 9 to 26 hours per week, evening, and weekends. *Multiple positions available. |
| The Person: | You will be a Youth Worker who is as committed to working with young people on projects and issue-based work, as much as you are coming up with fun activities. You must be passionate about creating exciting and fun activities, leading single gender work, running health and/or beauty sessions for all young people. Are you committed to your own personal growth and development with a clear growth mindset? | | |
| Key Relationships: | Core Management team, Youth Work Managers, OnSide, External Stakeholders, Young People and Parents. | | |

Job Purpose:

Our targeted youth work and projects, alongside arts and sport are at the heart of the Unitas offer to young people. Feedback from young people and experience from operational Youth Zones tells us that some young people want dedicated and safe spaces within their Youth Zone. Young people also tell us that all opportunities should be open to all young people. This role is primarily based in the health and well-being room, which is also equipped with health and beauty equipment and stations. Here you will work with all young people to provide a wide range of opportunities from informal education sessions, health projects along with traditional health and beauty activities including male grooming. There will also be a requirement to deliver project-based work in the community on an as and when basis.

As a consequence of Covid19 Unitas Youth Zone, along with the whole youth work sector, has had to respond accordingly. One of the key responses, in light of restrictions placed upon the sector, is to seek to engage young people in community spaces away from our own purpose-built centre. We need to support young people wherever they need us. We call this 'Unitas 2.0' – a blended approach to

delivering youth provision across our own centre, outreach work in the community, satellite provision, mentoring and digital activity.

You will be involved in session delivery, planning, preparation, and work with young people closely. You will be provided all the necessary equipment and training and will be afforded plentiful personal development opportunities.

You will be someone with a clear 'can do' approach, committed to a growth mindset, eager to learn and willing to take risks all for the benefit of supporting young people. You will demonstrate our Values through all you do and will commit to giving your best every session for young people.

Context of the post:

OnSide Youth Zones, established in 2008, has been growing rapidly and has ambitious plans to create 100 Youth Zones in towns and cities, giving young people somewhere safe and inspiring to go in their leisure time. Youth Zones are amazing places: accessible, vibrant, welcoming, fun, and caring are just some of the words used by young people to describe their Youth Zone. Unitas, opening in Summer 2019, will be no exception, and is part of the OnSide network of Youth Zones.

Many young people, particularly those from socio-economically deprived areas, face an endless maze of boredom, loneliness, and temptation, with nowhere to go and a lack of inspiring and productive activities to occupy their leisure time. This can lead to negative impacts on their health, educational attainment, and career prospects. These are the young people that will shape the country's future prospects. It is this paradox that lies at the heart of OnSide's drive to establish a national network of Youth Zones; a proven model of youth service provision that is aligned to community needs and supported by cross-sector funding. Youth Zones give young people affordable access to a broad range of sport, arts, and employability services, designed to help them lead active, positive lives and raise their aspirations for themselves and their community.

Unitas Youth Zone is centrally located, dedicated to young people, and makes a bold statement about the importance of giving young people high quality places to go in their leisure time. Open 7 days a week including school holidays, the Youth Zone's vision is to unite young people to fulfil their full potential. The state-of-the-art £6.5 million building provides young people with access to a range of activities, all offering young people the opportunity to try new things, meet new friends and gain support from friendly, warm, and positive staff and volunteers. The facilities include a 3G pitch, a gym, sports hall and recreation area, and dance, arts, music, and media suites.

Duties and Responsibilities - General

- Be a role model for young people and present a positive “can do” attitude
- Take personal responsibility for own actions
- Commit to a culture of continuous improvement and uphold our organisational values
- Work within the performance framework of Unitas Youth Zone and OnSide
- Represent Unitas Youth Zone positively and effectively in all dealings with internal colleagues, and external partners
- Comply with all policies and procedures, with particular reference to safeguarding, codes of conduct health and safety and equality and diversity to ensure all activities are accessible
- Represent Unitas Youth Zone positively and effectively in all dealings with internal colleagues, and external partners
- To be alert to issues of safeguarding and child protection, ensuring the welfare and safety of Youth Zone members is promoted and safeguarded, and to report any child protection concerns to the designated Child Protection Officers using the safeguarding policies, procedures, and practice (training to be provided)
- To assist with any promotional activities and visits that take place at the Youth Zone
- To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership
- To adhere to The Unitas Youth Zone policies at all times, with particular reference to Health and Safety, Safeguarding and Equal Opportunities

Duties and Responsibilities – Detailed (but not limited to)

- Together with the Head of Youth Work, Deputy Head of Youth Work and Team Leaders develop and implement a programme of activity that is exciting, challenging and ever changing and which can be easily delivered in external settings, away from Unitas youth zone.
- The role is a blend of face-to-face delivery with young people, with additional responsibility for supporting planning and programming.
- To work directly with young people to develop their social skills
- To directly deliver a high-quality programme of activity that is exciting, safe, varied, innovative, developmental, and directly responds to the diverse needs, concerns and interests of the members
- To have great energy and establish positive relationships with young people, the wider youth work team, and visitors to the Youth Zone
- To respond to the needs of young people through activities that they wish to see delivered.
- To work flexibly to ensure the needs of the members are met, including disadvantaged young people and those with disabilities or additional needs
- To ensure that the members maintain a high standard of behaviour and discipline during sessions
- To ensure the participation of young people in activities and ensure that their ideas contribute fully to the delivery of activities in a safe way
- To assist with any promotional activities and visits that take place at the Youth Zone
- To actively promote the Youth Zone and positively contribute towards increasing Youth Zone membership

- To promote and safeguard the welfare of young people at all times
- To be able to think on your feet and create a fun activity with minimal equipment
- Ability to enthuse others, including staff, volunteers, and young people, making the environment fun and the place young people want to see
- To be able to make ten games up using just a ball or piece of rope!
- To be an active member of the team and operate in line with the values and principles of Unitas Youth Zone
- Carry out any other reasonable duties as requested by management in line with the needs of the organisation including Recreational Duties.

Person Specification

| Selection Criteria* A = Application Form I = Interview T = Test/Personality Profile | Essential or Desirable |
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| Experience | |
| Face to face activity delivery, working with young people both in groups and individually | Essential |
| Experience of delivering a range of targeted activities to young people | Essential |
| Experience of supporting young people who are disaffected, underachieving and / or have social / emotional barriers to participation | Essential |
| Experience of working with LGBTQ+ Young people | Essential |
| Experience of working in a team and alongside volunteers | Essential |
| Organising a programme of youth work activities | Desirable |
| Experience of working with challenging young people | Desirable |
| Experience of working with young people with additional needs and disabilities | Desirable |
| Experience of delivering sexual health, relationships and self-esteem sessions and information | |
| Qualifications | |
| Level 2 Youth work qualification | Essential |
| Relevant Hair & Beauty qualification(s) | Desirable |
| Skills | |
| Ability to deliver high quality targeted programmes with young people who face social exclusion, disadvantage and disaffection and manage such a group | Essential |
| Practical skills in health and beauty or skills to deliver health and wellbeing projects. | |
| Ability to develop good professional relationships with young people and adults | Essential |
| Ability to work with young people to enable the development of their social education by providing activity programmes, services and facilities that are fun | Essential |
| Ability to be enthused by young people and others | Essential |
| Ability to coach, encourage, motivate, and provide reliable support to young people | Essential |
| Ability to dynamic risk assess | Desirable |
| Ability to plan and liaise with other professional organisations | Desirable |
| Knowledge | |
| Understanding of issues affecting young people's lives | Essential |
| Knowledge of health and safety, diversity awareness and safeguarding best practice | Desirable |
| Basic knowledge of pathways | |

| Special Requirements | |
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| A willingness to work unsociable hours | Essential |
| Enhanced DBS clearance. Commitment to Safeguarding children | Essential |
| The ability and willingness to travel to other spaces and community settings within the borough and beyond | Essential |

Unitas Youth Zone are committed to safeguarding and promoting the welfare of children, young people, and vulnerable groups. This post is subject to an enhanced DBS check. The strength of the OnSide Network of Youth Zone is the diversity of its people, we place huge value on different people doing things in different ways and we welcome applications from what might be considered non-traditional backgrounds. The one thing we all have in common is our desire to raise the aspirations of young people across the country. We are an equal opportunity employer. All applicants will be considered for employment without attention to race, colour, religion, sex, sexual orientation, gender identity, national origin, veteran, or disability status.

| Unitas Values: |
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| <p>Young People First: We will show an absolute determination to unite young people in order to help them raise their aspirations and fulfil their potential.</p> |
| <p>Be The Best Version of you: We want everyone associated with Unitas to be the best they can be, to never settle for 'just enough' or 'second best' and to constantly strive to do more and to challenge each other for more.</p> |
| <p>Integrity: We want everyone associated with Unitas to act with integrity, to be honest and open, and to respect each other and the youth zone environment.</p> |
| <p>#Oneteam: All those associated with Unitas will display a willingness to work together and to form positive and collaborative relationships that strive for the best possible outcomes for young people.</p> |

Dream Big: We will support young people to achieve their goals helping them see that they can be whoever they wish to be and that they can have some fun along the way in a safe and nurturing environment.

