

# TIMETABLE Juniors

## HEALTH AND WELLBEING

### WEDNESDAY

**Hair Styling**  
**Mindful Colouring**  
**Nail Practice**  
**Meme Club**  
**Movies**  
**Meditation Club**

### SATURDAY

**Nails**  
**Hair Practice**  
**Mindful colouring**  
**Vibing to Music**  
**Movies**

**CONTACT:**  
**JUNIOR CLUB LEAD**

**Louise.Adu-Pomaah@**  
**unitasyouthzone.org**

**FOLLOW US**

**@UNITASYOUTHZONE**