JUNIORS

Training Kitchen

Wednesday

- Briefing on what's going to be cooked: 4pm – 5pm
- Food preparation: 5:15pm 6:15pm
- Lets cook and share it out: 6:15pm 7:15pm
- Cleaning up time: 7:15pm 8:15pm

Saturday

- Briefing on what's going to be cooked:
 10am 10:30am
- Food preparation: 10:30am 11:30am
- Lets cook and share it out: 11:30am -12:30pm
- Cleaning up time: 12:30pm 1:30pm

Contact: Senior club lead Troy.shim-hue@unitasyouthzone.org FOLLOW US @UNITASYOUTHZONE